

**Southport Springs Monthly Newsletter**  
 Editor: Joe Grigevich [grigr43@gmail.com](mailto:grigr43@gmail.com)

Assistant Editor: Lori Pettit [lpettit547@gmail.com](mailto:lpettit547@gmail.com)

**July 2023**

**JULY**

## HOA Events

### JULY 4TH COOKOUT FEATURING "Kris Pierce"

**Tuesday, July 4th 4:00pm-8:00pm**  
**Followed By Fireworks at 9:00pm**

### Listen & Dance To "B.D. Williams"

**Saturday, July 8th 7:00pm-10:00pm**

### Ice Cream Social

**Followed By Nickel Bingo**

**Tuesday, July 18th 5:30pm**

### Non HOA Member Only Ice Cream Social (By Invitation)

**Sunday, July 23rd 2:00pm-4:00pm**

### Come Enjoy Their Sound "The Little Big Band"

**Friday, July 28th 7:00pm-10:00pm**

**Note: Event Tickets Available For Purchase  
 (as posted) See Page 8**

\*\*\*\*\*

## Other Events

### Summer Blood Drive

**Wednesday, July 12th**  
**8:30am - 2:00pm**

### Listen & Dance To "Dance Party Duo"

**Thursday, July 20th 5:00pm - 8:00pm**  
**Compliments of The Parkway Tavern**

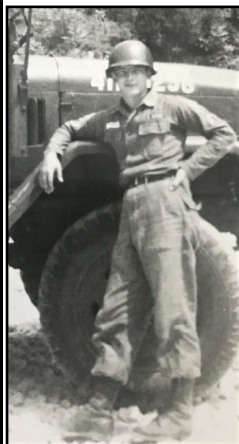
see details on page 3, 6 & 10

## THANK YOU FOR A LIFETIME OF SERVICE



Billy Mueller from over on Rockrose Lane recently retired after volunteering 30 years with the United States Coast Guard Auxiliary. Born and raised in Detroit, Michigan, he's the son of Clarence (who worked for Western Electric) and Freda Mueller and older brother to his sister Faye. Billy attended Redford High School and was a member of their US Army ROTC program during his sophomore, junior and senior years. Following graduation in 1959, he enlisted in the Army and was assigned to Fort Benning, Georgia for his eight weeks of basic

training. He then received orders to Fort Gordon, Georgia where he attended the Military Police Academy. Following graduation from the MP Academy, he received orders for Fort Hayes in Columbus, Ohio where he was assigned to the AWOL (Absent Without Leave) Apprehension Detachment where he would remain for the next six months until being reassigned to a security unit at Camp Ederle in Vicenza, Italy where he was assigned to the 69<sup>th</sup> Ordinance Company. Billy has great memories of his time spent in Italy. When not on duty, he enjoyed the train ride to St. Mark's Square in Venice. When asked if there was anything he recalled about St. Mark's Square, his immediate response was about how truly magnificent St. Mark's Basilica was. Billy would remain in Vicenza, Italy until his discharge in the summer of 1962.



Upon returning home, he went to work for Western Electric and in December of 1966, he applied and was accepted into the Detroit Police Academy. Following graduation from the Academy, he was assigned to Detroit's 16<sup>th</sup> Precinct which coincidentally just happened to be directly across the street from his Alma Mater, Redford High School. The summer of 1967 was a difficult period in Detroit's history, most notably the 1967 Detroit Riots which were among the most violent and destructive riots in U.S. history. By the time the bloodshed, burning and looting ended, 43 people were dead. 342 injured, nearly 1,400 buildings had been burned and some 7,000 National



(cont. on pg. 5 MUELLER)

## Coming In August A Red-Carpet Event

See Page 6

**SOMETHING NEW AND EXCITING!**

See page 8 For The New  
Monthly Event Ticket Sales Schedule



**See Summer  
Menu Specials  
On Page 2**



Rose Menegalli  
35640 Clubber Court  
1944 - 2023

*Sincere sympathies are extended to Rose's family and friends. Know that our thoughts and prayers are with you during this time of sadness.*

*"No tears in heaven, no sorrow given. All will be glory in that land. There will be no sadness, all will be gladness when we shall join that happy band."*

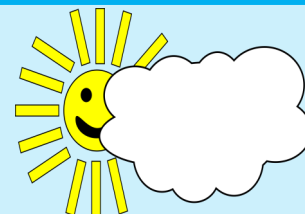
Robert Arnold

Rich Fenlock  
3521 Ranger Parkway  
1938 - 2023

*Our sincere condolences are extended to Sandy and to her and Rich's family and friends during this difficult time. Peace and God bless.*

*"I can only imagine what it will be like when I walk by your side. I can only imagine what my eyes will see when your face is before me. I can only imagine."*

Bart Millard



Be a  
Rainbow  
In Someone  
Else's Cloud



**LACE UP THOSE SNEAKERS  
AND  
HIT THE ROAD**

(See Page 24)

*"Peace  
Is when time  
doesn't matter  
as it  
passes away."*

Maria Schell

## Summer Is Here! Stay Hydrated!!



There will be limited Wednesday morning coffee and donuts for the next couple of months, so we'll be sending information via the Sunshine Committee group Email and our Sunshine Facebook Page.

If you would like to be able to access that Facebook page, please contact Marti Vest. She



will send you an invitation and after you've accepted the invitation, you'll be in. We're finding that this page is a good way to reach the community and being separate keeps information from becoming lost in the general FB entries.

Members of this community have been extremely generous in donating medical equipment which can be borrowed by any resident or guest free of charge. Please keep donating. In the meantime, we are donating some of our overstock to the hospice gift shop on Allen Road.

Have a happy 4th of July! And a safe and healthy summer!!

Karol McGinn  
813-388-0148



Cindy Judy  
717-514-3997

## SPRING & SUMMER MENU



OPEN M-F 11 A.M. - 7 P.M.  
CLOSED WEEKENDS

WEEKLY SPECIALS • FULL LIQUOR BAR

**FLAT OUT  
THURSDAYS**  
\$2.00 OFF  
Any Flatbread

**FROSTY  
FRIDAYS**  
\$2.00 OFF  
Frozen Cocktails

**MEATLOAF  
MONDAYS**

Mouthwatering  
Meatloaf served with  
potatoes, green beans  
and roll **\$12.00**

**TACO TUESDAY  
& MARGARITA  
MADNESS**  
\$2.00 OFF  
Margaritas ALL DAY  
\$3.00 OFF  
Taco Trio Signature Dish

**WING  
WEDNESDAYS**  
(8) Bone-in Wings &  
Non-alcoholic Drink  
**\$8.00**  
(Mild, Hot, Sweet Thai  
Chili or BBQ Sauce)

**DAILY SALAD BAR  
& SOUP SPECIAL**  
Unlimited Salad ..... **\$12.00**  
Add-on Salad ..... **\$6.00**  
Cup of Soup ..... **\$3.00**  
Soup & Salad  
Combo..... **\$9.00**

**(813) 715-9811**

www.southportspringsgolf.com

Located inside Main Clubhouse  
3737 Southport Springs Pkwy.  
Zephyrhills, 33541  
(Off Chancey Rd.)



## Christmas In July

Look for the Women's Club annual "Christmas In July Giving Tree"  
In the Main Clubhouse Lobby

Collecting School Supplies for students  
at neighboring Chester Elementary School







## **SOUTHPORT'S SUMMER BLOOD DRIVE**



**Wednesday, July 12th 8:30am - 2:00pm**  
(Main Clubhouse Parking Lot)

**Your Chance To Save 3 Lives**

**Donors will receive a \$20 gift card  
and a OneBlood Tote Bag**

**And To Make It More Exciting...**

**Sean & Lorene Rankin will raffle off a \$50 gift card if  
we have a minimum of 25 donors and increase it to  
\$100 if we have a minimum of 50 donors!**

**and...**

**Our HOA will raffle off a \$25 gift card if we have  
a minimum of 25 donors**

**and...**

**The Parkway Tavern  
is donating a coupon good for  
one beer, one glass of wine or a dessert to all donors!**



**Give Lauren Waterman  
a call today  
at 813-782-0675  
to set up  
your appointment**

**Walk-Ins Welcome!**

**See you on the Big Red Bus and  
Thank You So Much For Giving The Gift Of Life  
God Bless....**

## **ABOUT ONEBLOOD**

**OneBlood** is a not-for-profit 501(c)(3) community asset responsible for providing safe, available and affordable blood to more than 200 hospital partners and their patients throughout most of Florida, parts of Georgia, Alabama, South Carolina and North Carolina.

They distribute nearly one million blood products annually, employ more than 2,000 people, operate more than 80 donor centers and deploy nearly 200 of their signature Big Red Buses throughout their service area for blood drives; **On average, approximately a half million people step forward to donate two times each year. Of the half million people who step forward, between 44,000 and 50,000 fail to donate for a number of reasons with low iron levels being the most common reason for failure.** Being a non-profit explains why they are unable to provide gifts and gift cards to individuals who fail to donate. To do so would cost between a million and a million and a half dollars annually; and while they deeply and gratefully appreciate every individual who steps forward to donate and would love to gift everyone who does so, as a non-profit entity, they have a financial and fiduciary obligation to those entities and individuals that fund their efforts to operate responsibly and cost effectively.

**OneBlood** has multiple laboratories, manufacturing and distribution sites strategically located throughout their service area enabling quick response to hospital needs and availability of blood products. Safety of the blood supply is **OneBlood's** top priority. Every unit of blood undergoes more than a dozen tests to ensure it is safe for transfusion. Regardless of where the blood is donated in their service area, all blood samples are delivered via a **OneBlood** courier to Creative Testing Solutions (CTS), their state-of-the-art testing facility in St. Petersburg, Florida. Their Blood Centers are (continued on page 33 - OneBlood)

### **ADVERTISER'S DIRECTORY**

Page

<b>HEALTH CARE</b>	
Advent Hospital	4
Omega Pharmacy	15
Dr. Mark Arey - Ophthalmologist	15

<b>HEALTH &amp; BEAUTY</b>	
Everlasting Beauty	15

<b>HOME/AUTO/GOLFCART &amp; HEALTH INSURANCE</b>	
Devoted Health Plans	9
Aging Health Plan Services LLC	14
Giella Insurance	24
Diaz Insurance Group	26

<b>HOME REALTY</b>	
Don Swain Mobile Home Sales LLC	11

<b>HOME MAINT &amp; REPAIR</b>	
Pasco Pressure Washing	10
All Florida Weatherproofing & Construction	13
Veteran's Mobile Home Services	14
Underhome Armor	16
Pro-Kote Painting	17
Buzz's Pressure Washing LLC	19
Florida Anchor Barrier (flooring)	20
Florida Anchor Barrier	21
MMR Inc. (gutter repair/replace)	24
Community Roofing	30
Guardian Vapor Barrier	32
Freedom Vapor Barrier	34

<b>PRINT/COPY</b>	
Tampa Type/Print	29

<b>RESTAURANTS</b>	
Parkway Tavern	7

<b>RESIDENT SERVICES</b>	36
--------------------------	----



## **Brain Teaser**

**A man takes his car to a  
hotel. Upon reaching the  
hotel he is immediately  
declared bankrupt. Why?**

**Answer Found  
On Another Page**








Expert care for more

**heart-pounding** moments

**When heart problems like AFib, arrhythmia, or heart failure begin to affect your life,** you need expert care from a trusted team. Named as Top Performing Hospitals for Heart Failure by U.S. News and World Report, AdventHealth Dade City and AdventHealth Zephyrhills provide nationally recognized care for a range of cardiovascular conditions. So you can keep your heart beating with the pace of life.



 Take a heart risk assessment at  
**FloridaHeartExperts.com**

  
**AdventHealth**



## MUELLER (cont. from pg. 1)

Guard and U.S. Army troops had been called into service. Shortly after the riots, Billy left Detroit and moved to Waterford, Michigan and applied for a job with the Bloomfield Township Police and was accepted. He worked there until his retirement in 1994. Bloomfield Township was home to a number of notables including Charlie Maxwell, Left Fielder for the Detroit Tigers, Dennis Rodman, Forward for the Detroit Pistons and iconic music legend Aretha Franklin. Billy recalled being dispatched to Aretha Franklin's home during the winter after a brief snowfall to investigate suspicious footprints leading up to the side of her home just under the upper-level patio doors. He received another call back from Ms. Franklin a week or so later as she observed more footprints leading up to the back door on the first level of her home. Officer Mueller checked and did in fact observe the tracks. He indicated to Ms. Franklin that there was nothing to be concerned about since the footprints were those of a rabbit.



Prior to his retirement from the police force in 1994, Billy had been giving some serious thought about what it was that he wanted to do once he left the force. He ultimately decided to move to Michigan's Upper Peninsula and volunteer at the U.S. Coast Guard Station in St. Ignace which is approximately 300 miles north of Detroit and is located along Lake Huron in the Upper Peninsula on the northern side of the Straits of Mackinac. The city serves as a gateway to the state's Upper Peninsula for travelers coming from the Lower Peninsula and is home to one of the two ports which provide ferry service to nearby Mackinac Island. Following his retirement from the Bloomfield Township police department, Billy relocated to Goetzville, Michigan which is about an hour's drive northeast of St. Ignace. Billy would remain in Goetzville until coming to Southport Springs in 2007.

During his fourteen year tenure with the U.S. Coast Guard Auxiliary while living in Goetzville, Billy was recognized a number of times for his outstanding service and commitment. In 2004 he was named "Sailor of The Quarter" for the fourth quarter of that year. In part, the citation read as follows: *"Auxiliarist Billy Mueller has played an instrumental role during the increased operational period for the summer of 2004. He eagerly volunteered over 624 hours of his time and diligently stood more than 160 hours of communications watch. As a key player in team Coast Guard, Auxiliarist Mueller helped duty Search And Rescue, Maritime Law Enforcement and Homeland Security crews avoid fatigue limits. Auxiliarist Mueller helped maintain STANTS's safety standards at the highest level and set an outstanding example for junior crew members." "Your volunteerism, mentorship, friendship and performance is in keeping with the highest traditions of the United States Coast Guard."* Then again in 2010, Billy received a letter of appreciation from STANT's Senior Chief, R.D. Berg. It read in part, *"You are hereby recognized for your outstanding service and selfless commitment to the United States Coast Guard from May through September 2010. Your contributions have greatly enhanced the mission effectiveness of several Auxiliary Flotillas (fleet of boats) and you have promoted morale and camaraderie throughout this unit. We are grateful for your humor, competence, professionalism, wisdom and enthusiasm. You are an invaluable member*



of the 9<sup>th</sup> District 26<sup>th</sup> Division of the Coast Guard Auxiliary."

Billy misses the work he did and misses the crew members as well, but continues to communicate with them and they with him.

Billy has a couple of interesting hobbies including photography and flying which he has happily shared with others throughout his life. While on the Detroit police force, he taught an adult evening course in photography at his old high school (Redford High) and it was during that time that he also earned his pilot's license and eventually found himself teaching an evening course in Aviation Flight and Ground Rules at the high school in Waterford Township. Since moving to Florida, Billy has taken a number of classes at USF, and along with another instructor, has taught "Introduction To Windows 10" evening classes at USF. Now he's just taking it easy.

Billy has two children and three grandchildren. His son Mike and Mike's daughter Izzy live in Waterford, Michigan and his daughter Dawn and her two sons Matthew and Luke live in Fort Mill, South Carolina.

In total, Billy has spent more than sixty-five years of his adult life in service to his country and his community. From the bottom of our hearts we thank him, we honor him and we salute him. Thank you my friend.

## 'THANKS AND PRAISE'

*'For Our Days, Neath The Sun, Neath The Stars, Neath The Sky...As We Go, This We Know, God Is Nigh.'*

Monday morning, May 29<sup>th</sup> - Southport residents including members of Southport's Veterans Association gathered at our memorial wall to remember and honor those who served our nation and who are no longer with us; most especially those who gave it all in battle. A special 'thank you' to members of the Veterans Committee who planned the ceremony, to our sound director Mike Quartucci and to Sal Marino for playing taps as we bowed our heads, placed our hands over our hearts and remembered.





## HOA EVENTS COMING THIS MONTH

## OTHER EVENTS COMING THIS MONTH



**Happy Fourth of July!**  
Tuesday July 4th 4-8pm

Featuring **"Kris Pierce"**  
HOA Members \$7.00 Non Members \$9.00  
**Hamburger & Hot Dog Cookout**  
w/ picnic sides & Watermelon  
(Lemonade & Iced Tea Provided)  
**Fireworks Display At 9:00pm**  
beer & wine \$3.00 rail drinks \$5.00  
Wristbands Sold At The Door



**'MM'**  
(Miller & Mark)  
Third Thursday

July 20th 5-8pm  
**Compliments Of The Parkway Tavern**  
Full Menu from 11:00am to 4:00pm  
Buffet Dinner Available From 4:30pm to 7pm  
\$13.00pp



**Listen & Dance  
To The Music Of  
'B.D. Williams'**  
Saturday, July 8th  
7-10pm

HOA Members \$7.00pp Non Members \$9.00pp  
**SEE PAGE 8 FOR TICKET SALES INFORMATION**

## COMING NEXT MONTH



Tuesday July 18th 5:30pm  
(Main Clubhouse)  
Followed By  
**NICKEL BINGO**

**Ice Cream Social**

\$4.00pp See Page 8 For Ticket Sales Information



**The Little Big Band**  
**EQ**

Come Enjoy Their Sound!  
**"The Little Big Band"**  
Friday, July 28th 7-10pm  
HOA Members \$7.00 Non Members \$9.00  
**See Page 8 For Ticket Sales Information**

**Southport's Women's Club Presents  
A Red-Carpet Event**

**A Glamorous  
Night Of Entertainment**



**Featuring  
Kris Pierce**

*Listen And Dance To Tampa's Own  
World Class Vocalist Kris Pierce  
(Evening Attire Optional)*  
Sunday, August 6th 6pm-9pm  
\$7.00pp  
Beer & Wine \$3.00 Rail Drinks \$5.00  
Complimentary Snack Trays

Tickets Available in the Coffee Café On Wednesday  
July 5th and Saturday July 8th between 9:00am and  
11:00am and on Sunday July 9th  
between 2pm and 4pm  
(limited to 4 tickets per person)



## MORE EVENTS COMING NEXT MONTH



**\$5.00pp**

**See Page 8  
For Ticket Sales  
Information**

**Tuesday  
August 15th 5:30pm  
(Main Clubhouse)  
Followed By  
NICKEL  
BINGO**

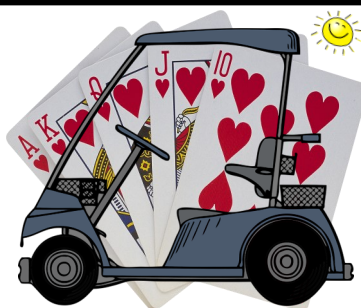


***Come Listen &  
Dance To  
The Music Of  
'Good Stuff'***  
**Saturday, August 19th  
7-10pm**

***HOA Members \$7.00pp  
Non Members \$9.00pp***

**SEE PAGE 8 FOR TICKET SALES INFORMATION**

**COME JOIN  
THE FUN!  
It's A  
SIP n' Salute  
POKER  
RUN!**



**Cash Prizes  
FOR THE BEST POKER HANDS!  
Sunday, August 20th 6-8PM  
\$5.00pp**

**Main Clubhouse Parking Lot 5:45PM**



**RULES OF PLAY  
DISTRIBUTED  
AT THE TIME  
OF TICKET PURCHASE**

**SEE PAGE 8 FOR TICKET  
SALES INFORMATION**



**MUSIC**

Live DJ Spinning Your  
Favorite Hits

**FOOD**

\$8/Per person Snack Bar

**DRINKS**

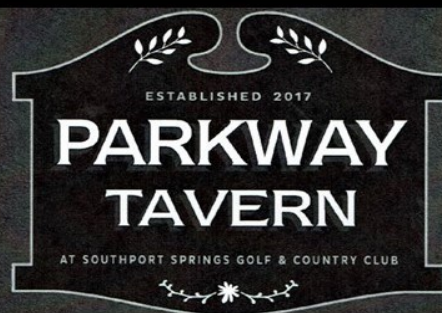
\$3 Beer and Wines

**BEAT THE HEAT  
THIS SUMMER**

with

**FRIDAY  
HAPPY HOURS**

5 - 7 p.m.  
Main Clubhouse



**3837 Southport Springs Pkwy  
Zephyrhills, FL 33541  
(813) 715-9811**

**OPEN MONDAY-FRIDAY  
11:00AM - 7:00PM  
CLOSED SATURDAY & SUNDAY  
FULL MENU**

**COMPLIMENTARY ENTERTAINMENT  
EVERY 3RD THURSDAY OF THE MONTH  
FULL MENU 11:00AM-4:00PM  
BUFFET DINNER 4:30PM-7:00PM**



**CALL AHEAD TO PLACE YOUR PICKUP ORDER  
813-715-9811**

**GIFT CARDS AVAILABLE**

## WEAR RED ON FRIDAYS

It all began in 2005 with a specific email that recipients were supposed to forward to others. That email had a very polite snippet in it for a good cause:



"If every one of our members shares this with other acquaintances, fellow workers, friends, and neighbors, I guarantee that it will not be long before the USA will be covered in **RED** - and make our troops know there are many people thinking of their well-being. You will feel better all day Friday when you wear something **RED**!"

A reminder to all to

**Remember Our Troops Deployed  
Around The World**





## TICKET SALES SCHEDULE FOR UPCOMING EVENTS



### Event



**July 4th Cookout  
w/Kris Pierce  
Tuesday, July 4th**

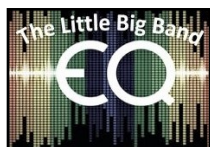


**B.D. Williams  
Saturday, July 8th**



Ice Cream Social

**Ice Cream Social  
Tuesday, July 18th**



**The Little Big Band  
Friday, July 28th**



**A Red-Carpet Event  
Sunday, August 6th**



**Pizza Party  
Tuesday, August 15th**



**Good Stuff  
Saturday, August 19th**



**Sip n' Salute Poker Run  
Sunday, August 20th**

### Ticket Purchase Dates

**Wristbands sold at the door**

**Friday, July 7th 5pm-6pm  
Coffee Café  
(and at the door the evening of)**

**Wednesday July 5th  
& Wednesday, July 12th  
9am - 11am  
Coffee Café**

**Friday, July 14th  
& Friday, July 21st  
5pm - 6pm  
Coffee Café  
(and at the door the evening of)**

**Wednesday, July 5th  
& Saturday, July 8th  
9am - 11am  
Sunday, July 9th  
2pm - 4pm  
Coffee Café**

**Wednesday, August 2nd  
& Wednesday, August 9th  
9am - 11am  
Coffee Café**

**Friday, August 4th  
& Friday, August 11th  
5pm - 6pm  
Coffee Café  
(and at the door the evening of)**

**Friday, August 11th  
& Friday, August 18th  
5PM - 6PM  
Coffee Café**







## Monthly premiums starting at \$0

Save up to \$9,000 on the benefits that matter most with a Devoted Health Medicare Advantage plan.



### Cash back

Get hundreds of dollars back in your Social Security check each year



### Doctor visits

\$0 copay for visits to your primary care provider



### Specialist visits

Low copays starting at \$0



### Prescription drugs

Prescription drugs starting at \$0



### Dental

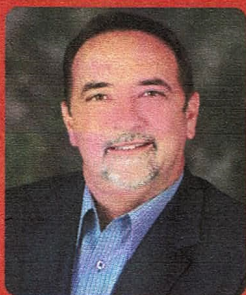
FREE dental that covers dentures, root canals, and more



### Insulin

\$0 copay for insulin, plus FREE diabetic supplies

Benefits and cost sharing may vary by plan.



**Want to learn more? Call Joe Faulk,  
Licensed Sales Agent  
813-928-5454**

Enrollment may be limited to specific times of the year unless you meet certain criteria, such as qualifying for a Special Election Period. Devoted Health is an HMO and PPO plan with a Medicare contract. Our D-SNPs also have contracts with State Medicaid programs. Enrollment in our plans depends on contract renewal. Devoted Health complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-338-6833 (TTY 711). H1290\_22L93\_M



## HOA NEWS *Barbara Holdridge, President*



Happy 4th of July! Just a reminder to be careful outside with this Hot weather ☀. Drink lots of water and do not overdo.

Your board has been very busy scheduling events for you all to enjoy. On the 4th of July we have a barbecue starting at 4:00 p.m. and a dance scheduled from 5:00 to 8:00 p.m. Our annual fireworks display will begin at dusk. We thank our Veterans Committee, Karaoke Krew, the SPS Golf Association and the individuals who

donated for their financial support to help make the fireworks display an enjoyable experience.

In last month's newsletter we asked all of you to give us your thoughts on table bumps and what you would like to see done with the savings account. There has been very little response. With that being said, the table bumps will not be addressed. Also, this board will continue to maintain a savings account to be used for any unexpected emergency or Act of God that causes HOA members, HOA social events or Southport Springs residents' financial difficulties.

If you have any recommendations or concerns regarding our community or your HOA, please put your letter in the HOA box in the Little Clubhouse. We will be happy to address them with you in a timely manner.

The next coffee/donut hour will be the first Wednesday in July at 9:00 a.m.

Be safe!

*Barbara*



## *The Southport Sun*

As Of January 1st 2023 "The Southport Sun" (our community newsletter) became an "On-Line" publication only meaning we are no longer distributing hard copy throughout the community. As has always been the case, you're able to view the newsletter on line at our HOA website [southportspringshoa.com](http://southportspringshoa.com)

### HOWEVER

Anyone wishing to have a hard copy can purchase a subscription through the end of this year at a cost of \$2.00/month. Also - Snowbirds are able to purchase partial year subscriptions as well.

Subscription forms are available on the HOA website (HOA Documents) or in the lobby of the Little Clubhouse in the 'Forms Rack' located above the HOA mailbox which is to your immediate right when you walk in the front door.

*Note: Subscribers can pick up their copy on the first business day of the month in the Coffee Café between 9:30am and 11:00am*



## *Complimentary Ice Cream Social*

**For Non HOA Members Only**  
(by invitation)

**Sunday, July 23rd 2pm-4pm**  
(Main Clubhouse)

**PRIZES! PRIZES! PRIZES!**



### **...PLEASE...**

***For your safety and the safety of everyone here in Southport including those of you driving golf carts...PLEASE do not exceed the posted speed limit! And PLEASE take the time to STOP at all the stop signs! Trying to get to where you're going a minute or two sooner could be the cause of a serious, life altering injury. Thanks.***



*"Micromanaging Creativity kills it"*

*Stewart Stafford*

## **The Pasco Pressure Washing**

*"Often imitated, but never duplicated!"*

Locally Owned & Operated • 33 Years Experience  
Residential / Commercial

Soft Wash • Hand Brush • Wax  
Pool Enclosures • Driveways • Sidewalks

Call **(813) 782-0681**

[thepascopressurewashing@gmail.com](mailto:thepascopressurewashing@gmail.com)

**FREE ESTIMATES!**  
**Licensed & Insured**



**We Power Through Years of Grime in No Time!**



# Coming Very Soon Don Swain Mobile Home Sales LLC

859-420-3279

Licensed and Bonded



*For EXPERT Advice  
On Selling Your Home  
Call or Text Don At  
**859-420-3279***

*Or Email Him At  
**[sendtodons@gmail.com](mailto:sendtodons@gmail.com)***

Don has been a Southport Springs resident for over six years. He's held a Broker's license in three states since 1978 and has managed the renovation of 90+ homes for resale prior to moving to Southport.

Don knows how to market, sell and close your home.

You can expect, and will absolutely receive

The **BEST** service at the **LOWEST** cost!





# Events & Activities

# July 2023



MC - Main Clubhouse  
LC - Little Clubhouse  
CC - Coffee Cafe

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 8am Tennis - TC
2 1pm Cricut Classes - MC 	3 8am Tennis - TC 8:15am Yoga - MC 9:30am Power Walking - MC 1pm Sequence - LC 6pm Dominoes 6pm Horseshoes 6:30pm Shuffleboard	4 4-8pm <b>JULY 4TH COOKOUT</b> <b>W/Kris Pierce</b> <b>Fireworks At 9:00pm</b> 	5 8:30am Coffee & Donuts (meeting at 9am) MC 9:30am Power Walking - MC 2pm Mahjong - LC 4pm Pickleball 6:30pm <b>BINGO</b> - MC	6 8am Tennis - TC Noon Bridge - LC 6pm Horseshoes	7 9am Bible Study - LC 9:30am Power Walking - MC Noon Hand & Foot lunch followed by cards - LC 5-7pm <b>Happy Hour - MC</b> (HOA Event Ticket Sales 5-6pm) 7pm Farkle - LC	8 8am Tennis - TC 7-10pm <b>"B.D. Williams"</b> MC 
9	10 8am Tennis - TC 8:15am Yoga - MC 9:30am Power Walking - MC 1pm Sequence - LC 4pm <b>HOA Events Committee Meeting</b> - CC 6pm Dominoes 6pm Horseshoes 6:30pm Shuffleboard	11 6:30pm Corn Hole (behind the LC) 7pm Euchre - LC	12 9:30am Power Walking - MC 2pm Mahjong - LC 4pm Pickleball 6:30pm <b>BINGO</b> - MC	13 8am Tennis - TC Noon Bridge - LC 6pm Horseshoes	14 9am Bible Study - LC 9:30am Power Walking - MC 1pm Hand & Foot - LC 5-7pm <b>Happy Hour - MC</b> (HOA Event Ticket Sales 5-6pm) 7pm Farkle - LC	15 8am Tennis - TC
16 10am <b>Silver Needles Meeting &amp; "Sew Day"</b> - LC 	17 8am Tennis - TC 8:15am Yoga - MC 9:30am Power Walking - MC 1pm Sequence - LC 6pm Dominoes 6pm Horseshoes 6:30pm Shuffleboard	18 5:30pm <b>Ice Cream Social</b> - MC 6:30pm Corn Hole (behind the LC) 7pm Euchre - LC	19 9:30am Power Walking - MC 2pm Mahjong - LC 4pm Pickleball 6:30pm <b>BINGO</b> - MC	20 8am Tennis - TC Noon Bridge - LC 5-8pm <b>3rd Thursday "Dance Party Duo"</b> MC 6pm Horseshoes	21 9am Bible Study - LC 9:30am Power Walking - MC 1pm Hand & Foot - LC 5-7pm <b>Happy Hour - MC</b> (HOA Event Ticket Sales 5-6pm) 7pm Farkle - LC	22 8am Tennis - TC
23	24 8am Tennis - TC 8:15am Yoga - MC 9:30am Power Walking - MC 1pm Sequence - LC 6pm Dominoes 6pm Horseshoes 6:30pm Shuffleboard	25 6:30pm Corn Hole (behind the LC) 7pm Euchre - LC	26 9:30am Power Walking - MC 2pm Mahjong - LC 4pm Pickleball 6:30pm <b>BINGO</b> - MC	27 8am Tennis - TC Noon Bridge - LC 6pm Horseshoes	28 9am Bible Study - LC 9:30am Power Walking - MC 1pm Hand & Foot - LC 7pm Farkle - LC 7-10pm <b>"Little Big Band"</b> 	29 8am Tennis - TC
30	31 8am Tennis - TC 8:15am Yoga - MC 9:30am Power Walking - MC 1pm Sequence - LC 6pm Dominoes 6pm Horseshoes 6:30pm Shuffleboard					



**Wednesday is Recycling Pick-up Day**



# MOBILE HOME ROOFING

**Family Owned & Operated**



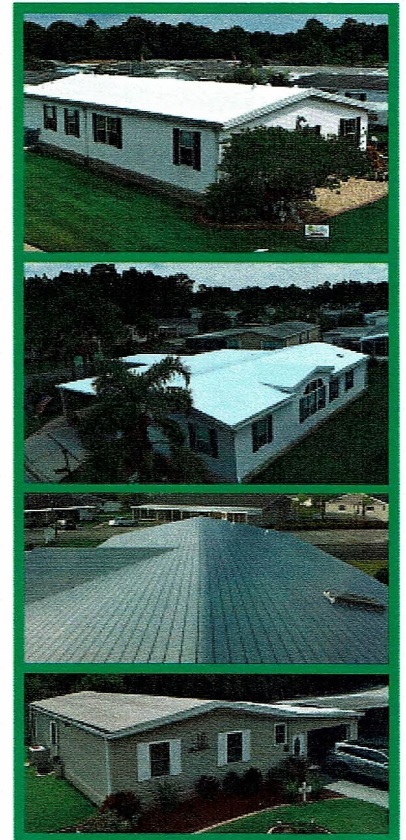
## FREE

## VIDEO ROOF INSPECTIONS

- Lifetime Transferable Warranty
  - Energy Efficient
  - Protects Your Home
- Roof Insurance Certifications
  - Financing Available
  - FREE Estimates

# 1.877.572.1019

# AllFloridaRoofs.com



LICENSED & INSURED #CCC1327406 • CBC1259006



## HURRICANE FORECASTS 2023



Hurricane forecasts for 2023 suggest that the United States' eastern seaboard and Florida could face elevated threats this year; the main reason being the warmer than average sea surface temperatures seen in the Atlantic and also in the Gulf.

Accuweather meteorologists say that Florida will once again be at risk for land-falling tropical systems during this year's hurricane season. They forecast a less active season than most since 1995, calling for the 2023 season to be near the historical average with 11-15 named tropical storms, Four to eight of which are expected to reach hurricane strength, and one to three achieving major hurricane status. Based on climatology and an evolving El Niño pattern during August through October, the highest chance for direct and significant impacts will be from the Florida Panhandle around the entire state of Florida to the Carolina coast.

For those of you who are new to Southport, and especially those of you who are new to Florida, please know that this article is not intended to alarm; it's simply meant to inform and to remind everyone that it's always a good idea to stay informed and to be prepared.

**Southport Springs Hurricane Information Packets, a one page list of reminders of things to do around your home and a list of items needed for a shelter stay.** Hurricane Preparedness packets are available in The Coffee Café and in the Community Office.

ARE YOU TURNING 65 OR NEW TO MEDICARE?

**\$0** | Zero, zip, zilch  
**monthly plan premium**

No matter how you say it, this Humana H1036-025 plan premium is \$0.

- \$0 monthly plan premium
- \$0 primary care physician copay
- \$0 prescription drug copay\*\*

You can get the benefits you need, plus extras—all for a \$0 monthly plan premium.

- Prescription drug coverage
- 24-hour nurse advice line
- Rewards for completing preventive health screenings and activities
- Maximum annual out-of-pocket protection

And that's just for starters. Call a licensed sales agent to find out what else you can get for \$0.



**Christian Alfonso**

A003478

**(813) 323-5927 (TTY: 711)**

Monday – Saturday, 8 a.m. – 5 p.m.

Christian.AHPS@gmail.com

**AETNA Cigna United  
Humana Freedom  
Devoted Optimum  
CarePlus and More...**



**Aging Health Plan Services, LLC**



**CALL (727) 435-0747**

**ESTIMATES and SECOND OPINIONS are ALWAYS FREE!**

- ♣ Vapor / Moisture Barriers ♣ Subfloors ♣ Crawl-Space Insulation ♣ Rodent Mesh
- ♣ Hurricane Anchors / Tie-Downs ♣ Piers ♣ Leveling ♣ AND MORE!



**Fully Licensed, Bonded, and Insured!**

**VETERAN'S MOBILE HOME SERVICES**






Mark Your Calendars

**The Southport Genealogical Society**

**SUSPENDED FOR THE SUMMER**

Monday, June 12, 2023 at 1pm in the Clubhouse Coffee Room. This feature will be suspended for the summer. We have an internet service, so bring your laptops and tablets with you. For more information, you can text me at **813-713-3547** or you can E-mail me at **mtrent43@yahoo.com**


**Marty Trent**  
All Residents Welcome



**Morning Bible Study**

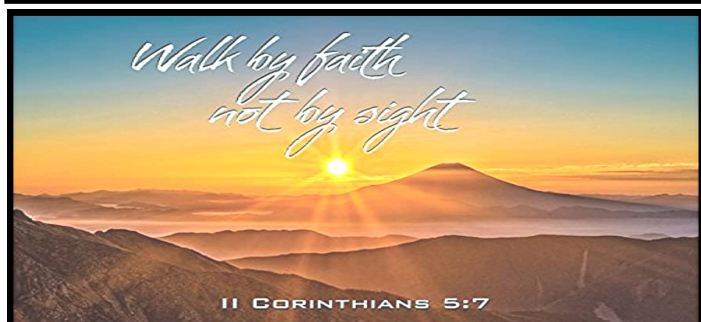
Southport's Morning Bible Study group meets every **Friday morning at 9am** in the Little Clubhouse. "Studying the Bible helps us grow in faith, grow in joy and grow in wisdom". Everyone is welcome. For more information, you can call me at: **813-778-4027**

**Rita Walters**



"He is not here; He has Risen!"  
**Luke 24:6-7**

*Walk by faith not by sight*



**II CORINTHIANS 5:7**

**OMEGA PHARMACY**

*Where You're Not Just A Number, You're Family*

*"Your Hometown Corner Drugstore"*

**We match prices**  
\$4 Generic Program. Free Antibiotics

**We accept/match online discount plans/programs**  
Simply Call/Text us and we take care of everything you need

**Transferring your prescription is easy**  
We take most insurance plans. Just Call/Text us at 813-815-7000. We'll take it from there. Transferring your prescription(s) to/from your Northern location is simple and easy.

**Vaccinations**  
We keep you updated on recommended vaccines. Walk in anytime for seasonal flu shots

TAKE THIS AD WITH YOU WHEN YOU VISIT US

**\$10**  
**GROCERY STORE GIFT CARD FOR NEW CUSTOMERS**

**Lower Prices & Better Service**



**Omega Pharmacy**  
LOWER PRICES. BETTER SERVICE.

36600 State Road 54  
Zephyrhills, FL 33541

Text/Call 813-815-7000  
Fax 813-563-0019

**FREE DELIVERY**

*Everlasting Beauty*  
**Permanent Make-up**  
*"Specialist Since 1987"*



*"Wake-up with Make-up"*  
**727-460-3847**  
**515-771-0641**  
E-mail: [MakeUp1987@aol.com](mailto:MakeUp1987@aol.com)  
Find us on [FB@EverlastingBeauty.FL.IA.IL](https://www.facebook.com/EverlastingBeauty.FL.IA.IL)

EyeBrows • Eyeliner  
Lip Liner or Full Lips  
**Valerie S. Rudmin**  
Registered Cosmetologist

**Florida Medical Clinic**  
*Eye Specialists*

**The Eye Specialist You TRUST, a Practice REIMAGINED.**  
Accepting New and Established Patients

**Florida Medical Clinic Eye Surgeon Dr. Mark Arey specializes in:**

- Femtosecond Laser Cataract Surgery
- Advanced Technology Intraocular Lens Implantation
- Complex Dry Eye Syndrome Management
- Medical and Surgical Treatment of Glaucoma
- Comprehensive Annual Eye Examinations

**North Tampa**  
14014 North 46th St. Suite A

**Land O Lakes**  
2100 Via Bella Blvd. Suite 105

**813.284.2323** **www.fmc2020.com**

**TOP DOCS WINNER**  
**TAMPA**  
**2022**



**Mark L. Arey, MD**  
Board Certified Ophthalmologist





# UNDERHOME ARMOR.

Quality Workmanship  
Honest Pricing

- Vapor / Moisture Barrier
- Underhome Encapsulated Insulation
- Hurricane Tie-Down Anchors

**8 Yrs  
Exp.**



We Keep rodents,  
snakes, spiders, bugs,  
mold, mildew, and  
damaging moisture out  
of your home!

**FL State Licensed Mobile Home  
Installer # IH-1110636  
FL State General Contractor  
License #1531303**

**FAMILY  
OPERATED**



**ESTIMATES &  
SMILES ALWAYS FREE**



**(800) 377-7885 or (813) 606-4742**



## SPS VET'S COMMITTEE UPDATE



The United States Space Force is the space service branch of our Armed Forces. One of eight U.S. uniformed services and the world's only independent space force. Founded on December 20, 2019 and is located in the Pentagon. It's size was 8,600 military personnel at the time this article was written. Growth continues. It is a part of the United States Armed Forces, Department of the Air Force.

The U.S.S.F. is responsible for organizing, training, and equipping guardians to conduct global space operations that will enhance the way our joint and coalition forces fight, while also offering decision makers military options to achieve national objectives. The U.S.S.F. requested a \$30 billion dollar budget for this fiscal year. About \$19 billion of that is aimed at research, development, testing, and evaluation. NASA is not a part of the U.S.S.F.



The U.S.S.F. operated Defense Warning Program (DSP) satellites are a key part of North America's early warning system. In their 22,300-mile geo synchronous orbits. DSP satellites help to protect by detecting missile launches, space launches, and nuclear detonations.

There are several ways to serve in the U.S.S.F.; enlisted members participate, and support operations. Officers, plan and manage personnel while civilians perform a mix of both support and management of space force operations.

There have been significant changes in programs and

benefits available to veterans regardless of the conflict or the time you were in the service. Our challenge this year is to get that information to you and your family.

If you are a veteran, please let us know who you are by signing up to be a member of the SPS Veterans Committee. For more information you can call or text me.

Bob Gallio

**813-838-3668**

SPS Veterans Committee Chairman



## GENERAL B. CHANCE SALTZMAN



A graduate of Boston University and commissioned in 1991, General B. Chance Saltzman is the Chief of Space Operations, United States Space Force. As Chief, he serves as the senior uniformed Space Force officer responsible for the organization, training and equipping of all organic and assigned space forces serving in the United States and overseas. As members of the Joint Chiefs of Staff, the Chief of Space Operations and other service chiefs function as military advisers to the Secretary of Defense, National Security Council, and the President.

# PRO-KOTE PAINTING

OF WESLEY CHAPEL LLC



Text or Call

**813-728-8328**

**FREE ESTIMATES**

TRICIA and DUAYNE  
VANCHA

ProkotePtg1@Verizon.net



—Residential & Commercial—  
**INTERIOR & EXTERIOR**  
also **PRESSURE WASHING**

**10% OFF**  
**Call Now!**

**REFERENCES**

**LICENSED, BONDED**  
**and INSURED**  
**PASCO LIC: LP09542**

**30-plus years of experience**



## COFFEE & DONUT SOCIAL

(summer schedule)

1st Wednesday Of Each Month

8:30am

Meeting At 9:00am

Main Clubhouse

Donation

\$2.00pp



## Power Walking

Monday, Wednesday & Friday Mornings  
9:30am

MAIN CLUBHOUSE

Need More Info?  
Call Val at 610-334-2690



## Yoga

Monday Mornings Starting at 8:15am  
MAIN CLUBHOUSE

Have Questions?  
Call Terri at 813-713-0261



## LINE DANCING

Tuesdays & Thursdays  
MAIN CLUBHOUSE

Intermediate and Advanced  
Line Dancing  
Suspended for June & July  
(see you in August)

Baby Steppers Suspended  
For The Summer



Every  
Thursday  
At Noon

In  
The Little Clubhouse  
All Level Of Players Are  
Welcome

Need More Info? Call Connie Schutt  
At 815-474-3284

## BINGO



I ♥  
Bingo  
Players



C'mon Down!

In The Main Clubhouse

Every Wednesday  
starts promptly at 6:30pm  
(come early to get your play grids)



## HAND & FOOT

Come join the fun every Friday starting at 1:00pm in the Little Clubhouse. On the first Friday of the month players are invited to get together for lunch at Noontime followed by cards.

Have Questions?  
Call Lauren Waterman At 813-602-3782



**DOMINOES**  
Every Monday evening  
at 6:00pm  
In The  
Main Clubhouse

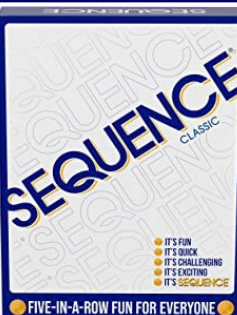
Need more info?  
Call Lee Edwards at 863-207-2523

## MAHJONG



Attention all residents who are interested in learning or playing a fun and exciting game. Come join us in the Little Clubhouse on Wednesdays at 2:00pm.

Have Questions?  
Contact JoAnn Fearick at 813-335-7519



## SEQUENCE

IT'S FUN, EXCITING  
& EASY TO LEARN

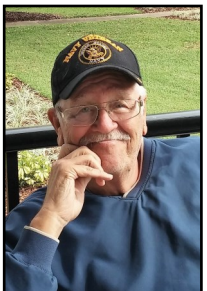
COME JOIN THE FUN!  
EVERY MONDAY AT 1PM  
IN THE LITTLE CLUBHOUSE

FOR MORE INFO  
CALL LORI PETTIT AT  
813-531-2350



## DAY LILLIES

Bob Gallion [rcgallion@gmail.com](mailto:rcgallion@gmail.com)



Daylilies are one of the most popular perennial plants we see in Florida gardens. They can survive in a wide range of climates as well as various soil types. As hardy as they are, daylilies can frustrate all gardeners with their finicky bloom frequency. The good news is if there are bloom issues the situation is usually repairable!

The fact is that when daylilies underperform, the issue can usually be traced back to 1 of 4 problems. Whatever issue or issues it might be your plants will probably bloom again. When they do the plant will be stronger than ever. Let's look at the 4 most common problems that keep daylilies from flowering and more importantly how to correct those problems quickly.

1. It's important to make sure your daylilies are planted in the right locations. Daylilies prefer sun. If they are not getting at least 6 hours per day, it will have a negative effect on the plant's ability to bloom. The light creates energy through photosynthesis needed for heavy blooming activity.
2. Make sure your daylilies are not located in wet locations or low-lying areas. Water-logged roots may not kill the plant, but it will keep its roots from being able to function properly. Again, without enough energy from nutrients and water, blooming as well as the number and size of the flowers may suffer. Daylilies are easy to re-locate. They can be dug up and moved at almost any point of the growing season without killing the plant. So, if your daylilies are not in a prime location, move them.
3. If there is one issue more than any other that will cause your daylilies to bloom less or perhaps not at all, it is allowing them to grow too large. When the foliage and root structure of a daylily becomes massive the plant cannot absorb nutrients needed to produce blooms. Underneath the soil line, overgrown roots become tangled and "root bound." They run out of room to expand and locate new nutrient sources. There is usually no soil surrounding these roots that would hold both water and nutrients in place. New sources are needed. Even if you water and fertilize the root is basically bare and nonfunctional. To avoid this situation the lilies must be kept at a manageable size. The only way I know how to do that is to regularly dig up a large clump and divide them into smaller sections then transplant. Check "You Tube" for instructions on how to divide and transplant your lilies correctly. The process of dividing should be done every 3 to 4 years. Divided clumps should be 7" to 8" in size.



4. Daylilies are not huge feeders, but regular applications of fertilizer will create more blooms. The key is giving them just enough fertilizer. If daylilies get too much nutrition, they use the excess to grow more roots and leaves and not flowers. Fertilize in the early spring using a slow-release granular product that contains more nitrogen and phosphorus than potassium. Something

like Miracle Gro Performance Organics All Purpose Plant Nutritional Granules (can be found on Amazon.com) or something similar. To promote more blooms, you should dead head old blooms and seed heads including the supporting stems. The seed will waste energy when it builds seed pods that could be used to produce more blooms. Always be sure to remove old foliage and cover the remaining clump with 2 to 3 inches of mulch. Thanks for reading.

**Bob Gallion**

Retired Master Gardener, Pasco County  
Text me at **813-838-3668** if you have any questions.

## Buzz's Pressure Washing LLC

Buzz's Pressure Washing, LLC is a family owned & operated local business.

**We specialize in:**

Manufactured & Mobile Homes  
RV/Pool Cages • Pool Decks • Driveways  
Sidewalks • Paver Blocks • Rubber Roofs



- 1 Pre-chemical plus any spot cleaning necessary.
- 2 Hand brush siding & windows with special soap & water.
- 3 Low pressure wash & rinse.
- 4 Spray home with wax sealant.
- 5 Squeegee windows.

*We are fully licensed and insured.*

**813.702.2170**

Call to set up your appointment today!

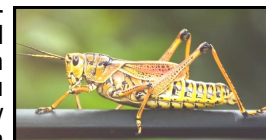
**"Blue Boots" Buzz**

**WE APPRECIATE YOUR BUSINESS!**

## THE EASTERN LUBBER GRASSHOPPER



I learned something new this Spring. It's about the Eastern Lubber Grasshoppers and how destructive they are. I never knew about them before they started showing up in our gardens. Upon looking up information about them, I discovered how destructive they are and how they can quickly decimate plants and how they contain toxins that can make you sick if you touch them. So far over the last few weeks I've managed to destroy a bunch of them. I water our gardens every day. After finding the first one and thankfully presuming it wouldn't be a good idea to touch it, I looked into it and realized I needed to keep a daily watch for them.



*Ruth McGovern*



# SUB-FLOOR & FLOORING EXPERTS!

## Sub-Floor Repairs



## Laminate Flooring



**FREE**  
ESTIMATES

**30**  
**YRS**  
EXPERIENCE

STATE CERTIFIED  
GENERAL CONTRACTOR  
CGC# 004138

STATE LICENSED  
MOBILE HOME INSTALLER  
IH# 102549/1

**LICENSED**  
**INSURED**  
**BONDED**

**FLORIDA**  
**ANCHOR AND BARRIER**  
**COMPANY**



**813.528.5988**

**800.681.3772**



# LOOKED UNDER YOUR MOBILE HOME LATELY?

Missing or torn insulation and vapor barrier can allow moisture, mold and mildew to build up, and provide access to insects and rodents into your home!

*Call today for a FREE Under Home Inspection*

To our valued customers;

During the current times we wanted to let you know that we are taking as many precautions as we can to ensure not only our workers safety but yours as well. We check workers' temperatures each morning and have limited the amount of contact our crews have with each other. Our crews work in Tyvek suits with respirators which helps to ensure your safety as well as theirs.

As a company, we want your business and there is no need for any contact if you so choose. Our business is deemed an "Essential Business" and we are here for you when you need us. You can schedule your inspection by calling 1-800-681-3772.

*Wishing you good health and safety,  
The Florida Anchor & Barrier Team*



**We Also Fix Soft Floors!**

**ESTIMATES  
ALWAYS FREE**

**OVER 10,000  
VAPOR BARRIERS  
INSTALLED**

FLORIDA  
ANCHOR AND BARRIER  
COMPANY

**813.528.5988  
800.681.3772**



State Certified General Contractor CGC#004138  
State Licensed Mobile Home Contractor #IH/102549/1  
Insured • Bonded • Workman's Compensation Insurance

**30 YEARS EXPERIENCE**



**Family Owned & Operated**



**Senior or Military Discounts**



## SOUTHPORT SPRINGS HOA BOARD OF DIRECTORS



Barbara Holdridge, President  
[barbara@southportspringshoa.com](mailto:barbara@southportspringshoa.com)  
813-701-6789



Sue Redshaw, Vice President  
[suer@southportspringshoa.com](mailto:suer@southportspringshoa.com)  
217-653-2991



Teresa Hall, Treasurer  
[teresa@southportspringshoa.com](mailto:teresa@southportspringshoa.com)  
317-789-7614



Desdie Eberman, Secretary  
[desdie@southportspringshoa.com](mailto:desdie@southportspringshoa.com)  
912-401-9646



Lee Edwards, Social Events  
[leee@southportspringshoa.com](mailto:leee@southportspringshoa.com)  
863-207-2523



Charlene Maxwell, Entertainment/Special Events  
[charlene@southportspringshoa.com](mailto:charlene@southportspringshoa.com)  
813-928-5476



JoAnn Fearick, Welcoming/Membership  
[pjf2324@msn.com](mailto:pjf2324@msn.com)  
813-335-7519



FMO Representative  
Tim Carman  
[tmc522@aol.com](mailto:tmc522@aol.com)  
618-978-8564

### HOURS OF OPERATION

- **FRONT GATE:** Daily 6am - 8pm
- **GOLF COURSE:** Daily 7am to 5pm
- **PRO SHOP:** Mon-Sat 7am - 5pm (Sun 7am-2pm)
- **POOL:** 8am - Dusk Daily (**residents & guests only**)
- **MAIN CLUBHOUSE:** Daily 7am to 10pm
- **COFFEE CAFE:** Daily 7am to 10pm
- **LITTLE CLUBHOUSE:** Daily 7am to 10pm
- **PARKWAY TAVERN:** See AD on Page 7 For Days and Hours of Operation

### \*\*COMMUNITY CONTACTS\*\*

General Manager - Braxton "Sean" Rankin  
[brankin@suncommunities.com](mailto:brankin@suncommunities.com)

Ass't General Manager - Patricia Hall  
[phall@suncommunities.com](mailto:phall@suncommunities.com)

Sales Coordinator - Marilyn Hein  
[mhein@suncommunities.com](mailto:mhein@suncommunities.com)

Office Coordinator - Susan Andre  
[sandre@suncommunities.com](mailto:sandre@suncommunities.com)

Office Hours - Mon thru Friday 8am-5pm  
Closed For Lunch from 12:00 Noon - 1:00pm  
**(appointments preferred)**  
Main Number: **813-782-3800**

Parkway Tavern Manager - Karen Muncey  
[kmuncey@suncomminties.com](mailto:kmuncey@suncomminties.com) **813-715-9811**

Pro Shop Manager - Earl Hines  
**813-780-7637** [eines@suncommunities.com](mailto:eines@suncommunities.com)

**AFTER HOURS EMERGENCY NUMBER**  
**877-786-6048**

### \*\*DIVISIONAL AND REGIONAL CONTACTS\*\*

Regional Vice President - Phil Bernhauser  
[pbernhauser@suncommunities.com](mailto:pbernhauser@suncommunities.com)

Divisional Vice President - Brandon George  
[bgeorge@suncommunities.com](mailto:bgeorge@suncommunities.com)

### \*\*CORPORATE CONTACTS\*\*

Sun Communities, Inc.  
27777 Franklin Road Suite 200  
Southfield, Michigan 48034

Gary Shiffman, Chief Executive Officer (CEO)  
[gshiffman@suncommunities.com](mailto:gshiffman@suncommunities.com)  
John B. McLaren, Chief Operating Officer (COO)  
[jmclaren@suncommunities.com](mailto:jmclaren@suncommunities.com)



SUN COMMUNITIES, INC.

### NEED TO RESERVE SPACE?

**Main Clubhouse Ballroom & The Little Clubhouse:**  
Please contact Barbara Holdridge, HOA President at **813-701-6789** or E-Mail her at [barbara@southportspringshoa.com](mailto:barbara@southportspringshoa.com)

**Coffee Café:** Please e-mail your request to the Community Office at [southportsprings@suncommunities.com](mailto:southportsprings@suncommunities.com)  
Note: Reservations can be made by groups of 4 or more one month prior to the planned event. Standing reservations are not available.



Join Us Now On FaceBook

**Southport Springs/Sun Communities**

[https://business.facebook.com/Southport-Springs-Golf-Country-Club-MHC-3887666686489/+](https://business.facebook.com/Southport-Springs-Golf-Country-Club-MHC-3887666686489/)

***"We value and appreciate hearing from you"***





# MANAGER'S MINUTE



## Independence Day

The Fourth of July—also known as Independence Day or July 4th—has been a federal holiday in the United States since 1941, but the tradition of Independence Day celebrations goes back to the 18th century and the American Revolution. On July 2nd, 1776, the Continental Congress voted in favor of independence, and two days later delegates from the 13 colonies adopted the Declaration of Independence, a historic document drafted by Thomas Jefferson. From 1776 to the present day, July 4th has been celebrated as the birth of American independence, with festivities ranging from fireworks, parades and concerts to more casual family gatherings and barbecues. The Fourth of July 2023 is on Tuesday, July 4, 2023. Happy Independence Day everyone!



## The Heat Is On...

Overheating is common for those who seek more time in the sun. However, heat exhaustion is a serious concern. If left untreated, it could result in a life-threatening situation known as a Heat Stroke. Heat Strokes occur when your body temperature rises to 103 degrees F or higher. The condition is most commonly experienced during the summer months. This is due to humidity and the sun being high when we spend more time outdoors. Please make sure to keep yourselves hydrated while outside and taken frequent breaks while enjoying the outdoors this summer.

### Quote of the Month:

**"No one can make you feel inferior without your consent."**

~Eleanor Roosevelt



## Quick Reminders...

Welcome to July Everyone! Just want to take this moment to remind everyone of the following:

Trash pickup is on Monday's and Thursday's. Please make sure that you are not putting your trash out prior to the night before at 6pm. Items cannot be placed curbside for prolonged periods of time.

The dumpsters in maintenance are not for community use. These containers are for golf course maintenance and restaurant use only. No one should be using these for dumping household items. Anyone caught dumping in this area could be charged for the disposal fees to have items removed.

Drinks are not allowed to be in the pool. Please make sure that if you have drinks that they remain 6 feet away from water's edge of the pool and spas. This is in accordance with Florida health code for pools and spas.

There is no parking of any vehicles (golf carts included) on the grass. Please park in your driveway only.

## UPCOMING SOUTHPORT PROJECTS

- REPAIR TO PAVERS AROUND MAIN CLUBHOUSE AND POOL AREA.
- PROTECTIVE NETTING INSTALLED ALONG TEE #10
- NEW VINYL FENCING AROUND LIFT STATIONS

**Community Speed Limit is  
15 MPH**  
Please observe posted limits  
for your safety and the safety  
of others.



**Monthly rent is due  
on the 1<sup>st</sup> of each  
month.**





## SOUTHPORT'S POT LUCK RECIPE OF THE MONTH

### Barbara Perez's One-Dish Chicken & Rice Bake

#### Ingredients:

1 (10 3/4 oz) can of Campbell's  
Cream of Mushroom soup  
1 cup water  
3/4 cup uncooked white rice  
1/4 tsp. paprika  
1/4 tsp. black pepper  
4 skinless, boneless  
chicken breast halves



#### Instructions:

In a 2-quart, shallow baking dish mix soup, water, rice, paprika and pepper. Place chicken on rice mixture. Sprinkle with additional paprika and pepper. Cover and bake at 375 degrees for 45 minutes or until chicken is not longer pink and the rice is done.



## COCKTAIL HOUR

*Dick Knoles, Resident Mixologist*

### French Kiss Cocktail



#### Ingredients:

2 oz. Vodka (Vanilla Vodka for a richer flavor)  
1 1.2 oz. raspberry liqueur  
1 oz. white chocolate liqueur  
1/4 oz. heavy cream

#### Instructions:

Shake all ingredients with ice and strain into a martini glass. Garnish with a Hershey's Kiss or a Raspberry



*Il est cinq heures quelque part...*

## MMR Inc



Seamless Gutters



Gutter Cleaning

Call for Free Estimates  
813-783-1555

Licensed and Insured C.C. #SAC-09565



Home



Auto



Golf Cart

SERVICING YOUR EVERY INSURANCE NEED

*"We have you covered"*

28955 State Road 54  
Wesley, Chapel, FL 33543  
www.GiellaInsurance.com

813-782-2915  
FAX 813-783-2226

Call Today  
For Your Free Estimate



Travis Giella  
Agency Manager  
travis@giellains.com



Dylan Giella  
Agency Manager  
dylan@giellains.com



www.facebook.com/giellainsurance



## LACE UP THOSE SNEAKERS AND HIT THE ROAD

To help improve your brain's health, lace up your sneakers and hit the road!



It appears there's a mountain of scientific evidence that shows walking outdoors is powerful medicine for your brain. Here's what the Science has to say about it.

### Walking May Help Grow New Brain Cells

Moderately paced walks stimulate the release of a protein called brain-derived neurotrophic factor (BDNF) that is key to the survival of existing brain neurons and the generation of new ones. There is clear evidence that aerobic forms of exercise (including walking) help facilitate the growth of new neurons.

### Walking May Boost Your Creativity

Walking increases the flow of oxygen and nutrients to the brain which can open the gates to enhanced creativity. The brain uses about three times as much oxygen for healthy neuron function as muscles do and is extremely sensitive to decreases in oxygen levels. Creativity is a cognitive skill that is part of problem-solving. Studies show that the simple act of taking a short walk can help trigger ideas. A study conducted by Stanford University found that creative output increased by 60% when participants were walking (even on a treadmill).

### Walking May Enhance Your Mood

When we walk, increased blood flow to the brain initiates a "cascade of changes" releasing a cocktail of "feel good" neurotransmitters including serotonin, dopamine and endorphins. Studies show that more than 40% of American adults suffer a Vitamin D deficiency. Our bodies manufacture Vitamin D when exposed to sunlight furthering the production of serotonin, a hormone benefiting memory and mood. Even on a cloudy day, exposure to natural light elevates the mood.



### Walking May Reduce The Risk Of Cognitive Decline

Studies show that participants who walked more than 4,000 steps a day had healthier brain tissue in the area responsible for memory, learning and cognitive function than those who did not walk. The brain region called the "hippocampus" typically begins to shrink in late adulthood leading to not only impaired memory, by also an increased risk of dementia. Research has shown that aerobic exercises (including walking) increases the size of the hippocampus.

### Walking May Decrease Brain-Damaging Stress

Repeated exposure to stressful situations impairs memory, attention and cognitive flexibility. Walking in nature has been shown to be particularly effective at reducing stress levels. The impact of being outdoors may have to do with "optic flow" – the perception that objects are moving past us as we walk which quiets the circuits responsible for stress. Studies show that self-generated optic flow by walking, running or cycling shifts the brain into a state of relaxation and reduces the levels of cortisol (elevated cortisol levels can damage cognition and contribute to Alzheimer's disease).

*Taken from a May 2023 AARP Bulletin article written by Martha W. Murphy*

## IT'S THAT TIME OF YEAR AGAIN

When friends and relatives stop by for a few days on their way to the Magic Kingdom or Universal Studio or some other destination... and need to be reminded of how important it is to honor and respect our courtesy and safety precautions here at Southport.



### Our Beautiful Pool & Spas

When down at the pool, please remember...

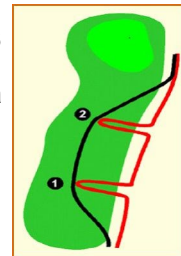
- No diving
- No running around or near the pool
- No jumping into the pool
- **PLEASE SHOWER** before

stepping into the pool or spas

- When you feel the need, **PLEASE USE THE RESTROOMS** (not the pool or spa)
- Children under 16 **MUST BE ATTENDED** by an adult when down at the pool
- **NO GLASS** down by the pool. Only plastic.
- When leaving the pool area, **PLEASE** return tables and chairs to the proper place and return chairs to their upright position.
- All guests using our pool **MUST BE** accompanied by a resident

### Our Golf Course

- **PLEASE!** All golfers **MUST ALWAYS** use the 90 degree rule.
- **NO ONE** (absolutely no one) without a driver's license is allowed to drive a golf cart here in Southport Springs (most especially children under the age of 16)
- **PLEASE RESPECT** our 15MPH speed limit (at all times)



### And...



- **PLEASE! SCOOP THE POOP** when you take Fido out for a stroll. That includes **ALL** open areas and the RV Storage area as well
- **PLEASE!** Don't feed the Sand Cranes or any stray or wild animals

*Please consider posting this on your refrigerator or place it on the nightstand in your guestroom.*

## RULES ARE **NOT** MEANT TO BE BROKEN

Contrary to what a few folks think, rules are not meant to infringe on our rights or irritate us or make our lives difficult. In fact, just the opposite if you think about it. Imagine living in a "free for all" community where people weren't asked to be kind and considerate to one another or to respect one another's property and rights. Truth of the matter is that you wouldn't. We need to keep in mind that when we exercise what we feel is our right, it really isn't a right if it infringes on the rights and safety of others. Thank you for being mindful, kind and considerate.







# DIAZ INSURANCE GROUP

## **Manufactured Home Insurance Specialist**

Why insure your manufactured home? Because it's an uncertain world, and a top quality insurance policy can give you peace of mind. It's a way to protect your home, belongings, your family and your lifestyle.

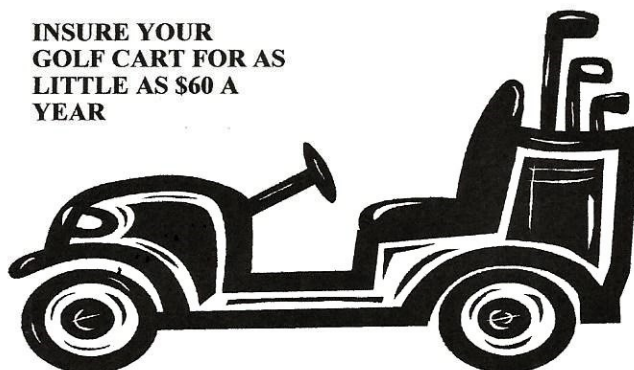
Most manufactured home insurance policies provide two basic kinds of coverage. But the amount and degree of coverage can vary dramatically from one policy to another. That's why it's so important to choose an agency that is familiar with insuring manufactured homes properly. Do your research. A professional agent can help you figure out the coverage and limits you need.

<u>Home Value</u>	<u>Premium</u>
\$70,000	\$635
\$80,000	\$688
\$90,000	\$738
\$100,000	\$790
\$125,000	\$919
\$150,000	\$1046

### SAMPLE RATES BASED ON:

- 2015 & NEWER CONSTRUCTED HOMES
- \$1,000 / 5% HURRICANE DEDUCTIBLE
- INCLUDES ATTACHED SHED , SCREENED PORCH & CARPORT

INSURE YOUR  
GOLF CART FOR AS  
LITTLE AS \$60 A  
YEAR



# 813-929-7776

**Email: [diazinsurancegroup@gmail.com](mailto:diazinsurancegroup@gmail.com)**

**Get a quote on your  
Home \* Auto \* Business**





## TENNIS

**Monday, Thursday  
and Saturday  
8:00am**

**Residents & Guests**

*Anyone interested in playing tennis, come on out and join the fun. It's a great way to exercise.*





## GOLF & PRO SHOP

**Daily  
7:00am - 5:00pm**

*Note: Pro Shop open on  
Sunday 7:00am - 2:00pm*





## HORSESHOES

**Practice  
Every Monday & Thursday  
6:00pm**

**Down At The Pits**





## SHUFFLEBOARD

**Every Monday Evening  
At 6:30pm**

**Down At The  
Shuffleboard Court**

**Everyone Is Welcome**





## PICKLEBALL

**Every Tuesday, Wednesday  
at 4:30pm**

**Down At The Tennis Courts**

**Everyone Is Welcome**





## CORNHOLE

**Every Tuesday Evening  
At 6:30pm**

**Behind the Little Clubhouse**

**Everyone Is Welcome**



# Golf Club




Dave Dundas, President



As we now are into the summer heat and humidity, I remind all to stay hydrated out on the course. Also, do not forget to check your battery water levels in your carts. We're coming into the time of year for major storms and please, if you hear thunder, get off of the course. A good idea to help stay cool on or off the course is a neck fan. Amazon has several around twenty to thirty bucks. One recommended by the experts and for sale on Amazon at 27.95 is..... Arctic Air Freedom Personal Air Cooler - Portable 3- Speed Neck Fan. It's a hands-free wearable design, lightweight, cordless and rechargeable.

We had 43 golfers go on our travel league to The Groves in Land O Lakes last month. It was hot, but we were lucky to have a constant wind blowing during our rounds. We had eight closest to the pin winners and four Skins winners. Thanks to all that attended the event.

Thanks to Gerald Knierim and Tom Waterman for helping me run the event. I even saw many of the golfers who attended the golf outing dancing the night away at 3rd Thursday later that evening. Our next golf meeting will be in September.

Regards,  
**Dave**





# GOLF

## COMMITTEE



Dave Dundas	813-599-9513	<a href="mailto:davedingo@aol.com">davedingo@aol.com</a>
Pat Quick	607-760-7915	<a href="mailto:pqr451@aol.com">pqr451@aol.com</a>
Dar Lambert	413-519-4903	<a href="mailto:DLamb48963@aol.com">DLamb48963@aol.com</a>
Ron Greene	813-713-0784	<a href="mailto:rmg4843@yahoo.com">rmg4843@yahoo.com</a>
Patrick Fearick	813-508-1739	<a href="mailto:pjf2324@msn.com">pjf2324@msn.com</a>
Ray Whitney	920-212-5613	<a href="mailto:nrwhit@gmail.com">nrwhit@gmail.com</a>


### Did You Know That...

**Modern-day golf was invented in 1457 in Scotland.**

**The first round of women's golf was played in 1811 in Musselburgh, Scotland.**

**The first golf balls were made of feathers wrapped in leather and were used until the mid 1800's. After that they were made of wood.**

**A score of 3 under par is called an "albatross" and a "condor" is a term given to a hole-in-one on a par 5 which is almost as rare as two hole-in-ones in a single game.**





# 90° RULE

## CARTS MAY TRAVEL ONTO FAIRWAYS ONLY AT 90° FROM CART PATHS OR ROUGH



## Southport Springs Residents Spring Tournaments 2022 - 2023

Monday:

7:00 am

Men Fun 18 holes

Contact: Larry Britton 321-544-7718

7:30 am

"Rat Pack" Men 18 Holes

Contact Norm Vogel 716-713-7966

9:00 am

Ladies Monday Fun Day

Contact: Barbara Pritchard



Tuesday:

7:15 am

Men Blue Tees 18 holes

Contact: Joe Finley 813-310-7256

9:15 am

Men Fun 18 holes

Contact Jim Jaggars 727-415-6524

Wednesday

7:00 am

Men Fun 18 holes

Contact: Larry Britton 321-544-7718

7:15 am

Men Quarters 18 holes

Contact: Joe Finley 813-310-7256

8:28 am

Lambert Ladies Fun 18 holes

Contact: Darlene Lambert 413-519-4903

9:45 am

Mixed Seniors Fun 9 holes

Contact: Helen Greene 813-362-9928

5:30 pm

'Sundowners' Mixed Fun 9 holes

Contact: Shawn Bernier 813-541-3127

Lisa Schlabowske 847-651-6829

Thursday

7:15 am

Men Quarters 18 holes

Contact: Joe Finley 813-310-7256

8:30 am

'Ladies Swingers' 18 holes

Contact: Barbara Holdridge 813-701-6789

9:24 am

Men Fun 18 holes

Contact Jim Jaggars 727-415-6524

Friday

7:00 am

Men Fun 18 holes

Contact: Larry Britton 321-544-7718

7:30 am

Men 18 holes

Contact: Dave Dundas 813-599-5913

8:30 am

'Betty's Babes' Ladies 18

Contact: Betty Texter 716-574-6633

Saturday

8:30 am

Mixed Resident Scramble 18 holes

Contact: Darlene Lambert 413-519-4903







Let's all welcome the following new residents who recently joined Our Southport Springs Family.  
**"Welcome To Your New Home Folks"**

Bob Bass & Jeffrey Richman  
 3929 Russian Olive Lane

Shannon Kelly  
 4106 Russian Olive Lane

Karen Seeram  
 3937 Southport Springs Pkwy

Paul & Debi Westlorton  
 3932 Southport Springs Pkwy



## DID YOU KNOW?

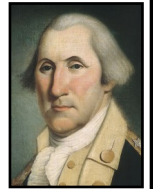


That the two youngest signers of The Declaration of Independence were Edward Rutledge (left) and Thomas Lynch, Jr. (right). Both were from South Carolina and both were 26 years old.



That the oldest individual to sign the Declaration of Independence was Benjamin Franklin. He was 70 years old.

That George Washington, who was 44 years old at the time, did not sign the Declaration of Independence. While the Continental Congress was assembled in Philadelphia, Washington and his forces were in New York.



That nine of the signers died before Independence was actually won in 1783. One of the nine was Button Gwinnett of Georgia who died in a duel and another one was Thomas Lynch, Jr. (one of the two youngest signers), drowned in a storm on his way to France.

It's time for my traditional  
 4th of July song...  
**"Cranky Doodle Dandy!"**



## WHAT'S IN A WORD?

**WORD SCRAMBLE** (*The Forest For The Trees*)

KOA  
 SCRAMOYE  
 NIPE  
 MEL  
 WOWILL  
 MGINOLAA  
 BIRHC  
 TUPLI  
 BUTTUTREN  
 CERDA  
 HAS

ASNPE  
 CRYHER  
 CODTOOTOWN  
 CRBALEPAP  
 CEEPR YLMERT  
 CYESPSR  
 OGODDWO  
 FISCU  
 PROPAL



**ANSWERS**

OAK, SYCAMORE, PINE, ELM, WILLOW, MAGNOLIA, BIRCH, TULIP,  
 BUTTERNUT, CEDAR, ASH, ASPEN, CHERRY, COTTONWOOD,  
 CRABAPPLE, CREPE MYRTLE, CYPRESS, DOGWOOD, FIGUS, POPLAR

**Tampa Type/print** INC.  
 "Your Hometown Printer"

Business Cards • Envelopes • Letterhead • Pre-inked Stamps  
 Banners • Labels • Checks • Wide Format • Business Forms

**Doug Knowlton** (352) 523-1200

12216 U.S. Hwy. 301 • Dade City, FL 33525  
 doug@tampatypeprint.com • www.tampatypeprint.com

**"Proud Printer of The Southport Sun"**

Let freedom  
 ring!

You found  
 my  
 missing ring?

No Gladys!  
 Freedom!  
 Freedom!  
 Freedom!





# COMMUNITY

*Free Estimates*

# ROOFING OF FLORIDA, INC.



Lic# CCC1330642

*"Proudly Serving Your Community" • Family Owned and Operated*  
***100% Maintenance Free Roofs!***

**We Do All**  
**Roof Overs, Roof Coatings,**  
**Roof Repairs & Inspections**  
**on all Manufactured Homes**

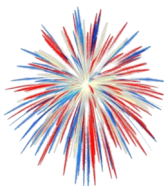
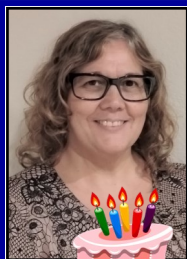
# 800-511-2517



**Lifetime Warranty on Labor & Materials!**

**[www.FloridasBestRoof.net](http://www.FloridasBestRoof.net)**





**Time to...**

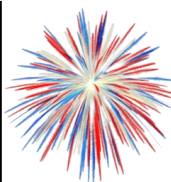
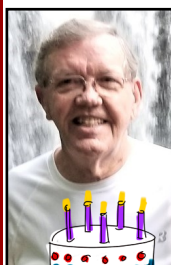
**July**

Redshaw, Sue	July	1
Vogel, Carol	July	3
Randall, Michele	July	3
Batal, Marilyn	July	3
Quick, Pat	July	4
Knoles, Diana	July	4
Passmore, Diana	July	5
Cozzman, Janet	July	5
Naclerio, Chickie	July	7
Booher, Mary	July	7
Honea, Vanessa	July	7
Bauman, Jackie	July	8
Dundas, Jeanette	July	8
Rush, Vicki	July	8
Osborn, Virginia	July	9
McGregor, Pam	July	9
Hart, Regina	July	10
Powell, Jane	July	11
Collins, Irm	July	12
Perez, Olga	July	12
Phelps, Linda	July	12
Steel, Lil	July	12
Dickens, Joan	July	13
Dumont, Bonnie	July	14
Houske, Marcie	July	16
Barlow, Barbara	July	17
Quinn, Ann	July	19
Ballant, Fran	July	19
Frederiksen, Joyce	July	20
Fenning, Rebecca	July	20
Frattarelli, Amy	July	21
Prince, Beverly	July	21
Noble, Carol	July	22
Phelps, Nancy	July	22

Richards, Pat	July	23
O'Donnell, Trudy	July	23
Figueroa, Carmen	July	24
Tarbell, Ronnie	July	25
Hadley, Kay	July	25
Vanselow, Emma	July	26
Maxwell, Charlene	July	26
Morel, Anita	July	26
Todd, Becky	July	27
Smith, Debra	July	27
Putt, Rose	July	28
Krause, Sonja	July	30
Morrison, Jane	July	31
Lundeen, Dorothy	July	31
McGinn, Karol	July	31

**August**

Vest, Marti	Aug	1
Gale, Chris	Aug	2
Grever, Marsha	Aug	3



**Celebrate!**

**July**

Peterson, Paul	July	1
Fettis, Bob	July	1
Figueroa, Gerardo	July	2
Rodriguez, Eddie	July	2
Perez, Roland	July	5
Rankin, Keith	July	6
Rose, Dennis	July	6
Vogel, Jerome	July	7
Wheeler, Don	July	8
Daly, Mike	July	8
Stout, Billy	July	9
Hargrove, Ron	July	10
Waterman, Tom	July	10
Greene, Ron	July	12

Allen, Johndro	July	13
Combs, Jim	July	13
Hrovosky, Bill	July	13
Chavez, Del	July	15
Reschke, Jared	July	16
Ossander, Ivan	July	18
Van Orman, Bob	July	18
Wheeler, Bob	July	18
Padilla, Paul	July	19
Vogel, Jerome	July	19
Markwardt, Ed	July	19
Gallenstein, Bill	July	20
Sterling, Mike	July	21
Stamiello, Mike	July	21
Simpson, Marshall	July	21
Bracken, Gary	July	24
Douglas, Joe	July	25
Silverstein, Ron	July	25
Rogan, Bob	July	26
Tate, Dave	July	26
Barrone, Leonard	July	28
Elliott, Ron	July	28
Benner, Elwood	July	28
Nous, Joe	July	30
Morrison, Patrick	July	30

**August**

Dumont, Roger	Aug	3
Johnson, Martin	Aug	3
Deaton, Chris	Aug	3



**Note: Please contact  
Desdie Eberman at 912-401-9646  
or E-mail her at  
[desdie@southportspringshoa.com](mailto:desdie@southportspringshoa.com)  
with any corrections  
or omissions.**



**July**

Milby, Dale & Dawn	July	1
Wampler, Wendell, & Sue	July	1
King, Charles & Carolyn	July	4
Wnukiewicz, Stan & Karin	July	11
Troxel, Keith & Holly	July	12
Morris, Bill & Ginny	July	14
Tate, Dave & Bonnie	July	14
Conover, Harold & Salli	July	14
Combs, Jim & Bobbie	July	17
Reitenbach, Erwin & Lorraine	July	18
Schutt, Bob & Connie	July	20
Snow, Cliff & Jan	July	20
O'Donnell, Ray & Trudy	July	23
Collins, Mel & Irm	July	26
Serwatke, Bob & Carol	July	27
Holdridge, Everett & Barbara	July	28

Dumont, Roger & Bonnie	July	28
Thummel, Doug & Dorothy	July	31







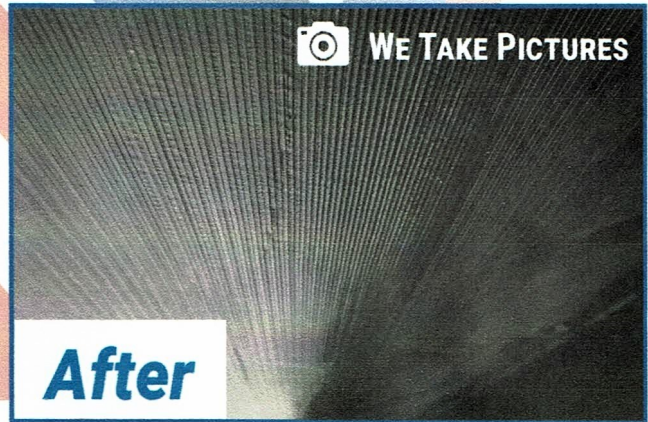
**GUARDIAN**  
VAPOR BARRIER

☎ 1.800.776.1149 | 813.616.9533

# Call Now for a **FREE** Underhome Maintenance Inspection



**Before**



**After**

Improve your A.C. bill | Keep out mold & pathogens | Protect your floors

## ***We Specialize In The Following:***

**VAPOR BARRIER INSTALLS**

**VAPOR BARRIER REPAIRS**

**HURRICANE TIE DOWNS**

**SOFT FLOOR REPAIRS**

**LONGITUDINAL TIEDOWNS**

**SUPPORT PIERS**

**SUBFLOOR REPLACEMENT**

**LEVELING**



**Military & Senior Discounts**

Licensed, Bonded, & Insured | Lic # 1H/1126753

5470 E. Busch Blvd, Tampa, FL 33617



## ONEBLOOD (cont. from pg 3)

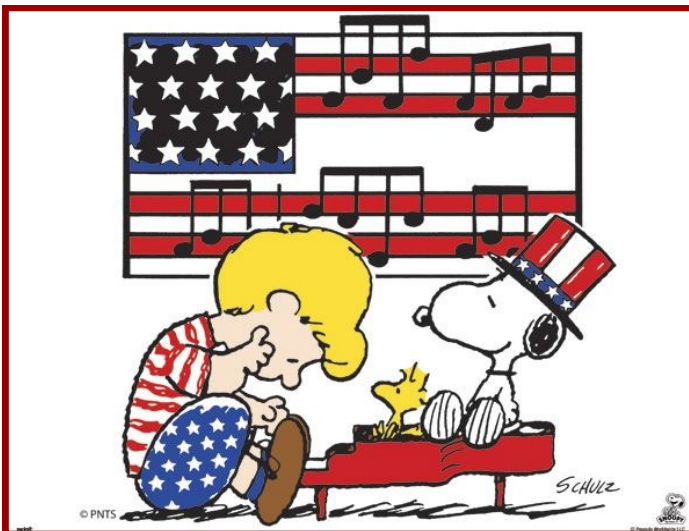
heavily regulated by The Food and Drug Administration (FDA) and are required to follow all FDA rules and are subject to planned and unplanned inspections to ensure complete compliance.

### Deferrals and Rejections:

The causes of deferrals and/or rejections are categorized into three main categories: personal factors, medical examination and medical history. The most common personal cause of deferral is lack of sleep; however, the most common medical examination cause of deferral is low blood pressure. Concerning the medical history, the most common cause is cupping (an ancient healing therapy).

**You are unable to donate if you are suffering from** a cold or flu, if you're anemic, if you are suffering from or have suffered from malaria, if you've recently had a body tattoo or body piercing, if you are taking or have recently taken an antibiotic, if you have leukemia or other type of cancer, if you're suffering from hypertension, if you have undergone kidney alignments, are susceptible to cardiac arrest, are suffering from hemophilia or have tested positive for HIV.

**Medications that disqualify you from donating** include drugs affecting arterial circulation including Plavix, Ticlid, Effient and Brilinta, Thrombosis medications including Arixtra, Coumadin and Heparin, Blood thinners including Eliquis, Fragmin, Pradaxa, Sarelto and Loveno, Psoriasis medications, Multiple Sclerosis medications including Aubagio, Acne drugs including Accutane, Absorica, Claravis, Myorisan, Zoret and Zentane, and hair loss medications including Proscar, Propecia, Dutasteride, Afodart and Jayln (the principle ingredient in these medications is Finasteride). If you are taking Finasteride, you are not able to donate.



If you'd like, you can view and even print this issue and prior issues (or individual pages) of The Southport Sun in **color** or in B&W by going on line to:  
[southportspringshoa.com](http://southportspringshoa.com)



**DEADLINE:** Deadline for submitting articles, pictures, "thank you" notes etc. is the 19th of the month. Anything received after the 19th will appear in the following month's issue.

**DISCLAIMER:** When submitting an article or articles for publication, please indicate if you do not wish your article to be edited by our editorial staff and/or if you would prefer not to have photos or artwork included. In those instances, the editorial staff will not be held responsible for content, structure, spelling, grammar etc. Type written submissions greatly assist in minimizing errors. Thanks for your understanding, help and cooperation.

## EDITORIAL Lori Pettit, Ass't Editor



**in-de-pend-ence**  
**noun: independence**

*The fact or state of being independent.*  
"Argentina gained independence from Spain in 1816" "I've always valued my independence". synonyms: self-government, self-rule, home rule, self-legislation, self-determination, sovereignty, autonomy, nonalignment, freedom, liberty, autarky, self-sufficiency, self-reliance, self-support, self-sustenance, self-standing antonyms:

*dependence, subservience*

I have many happy memories of Fourth of July celebrations. When I was a kid, my father worked at a manufacturing facility in the industrial area downtown. The City of Wheeling held the fireworks show at a venue near the factory. Our family would go to the factory and set up lawn chairs on the roof. It was an ideal location to watch the show. We had the entire rooftop to ourselves. The view was unobstructed and the fireworks were spectacular. It was a favorite viewing spot for many years.



I've tried to recall the most memorable celebrations. I once visited friends who lived near Milwaukee, Wisconsin. My friends were new to Milwaukee but were experts at moving across the country and finding community anywhere they landed. We were invited to a lake house party to celebrate the 4th. We had a cookout, played board games, told stories and prepared the boat for the evening fireworks display on the lake. It was magnificent to be out on the water at night. Watching the fireworks as they were reflected in the lake surface was an unexpected treat.

What I also recall about that visit was the paranoia of the homeowners. You see, life on the lake has its perks and perils. The lake facing side of the home had very large floor to ceiling picture windows. A passing boat could look right into the living room. My wife and I were standing at the windows looking out at the gorgeous view. She moved close to me and we embraced, rejoicing in the beauty of the moment and the time spent with friends. The panicked homeowners rushed to us and pulled us away from the window. We were perplexed, wondering what in the world was wrong.

The homeowner explained that although their neighbors knew that this home was owned by a lesbian couple, they did not "flaunt" their relationship by publicly displaying affection. I was stunned. We were indoors, in the living room, but in front of a window. They lived with the fear that someone would see this display of affection and mistreat them in some way. Or worse, they would be physically harmed or the home vandalized. The year was 2006. I assumed a freedom that did not exist in this home.

Celebrating the independence of our great country remains important to me. I wish that freedom was really and truly available to all. Living in fear within one's own home or community isn't freedom. Being subjected to laws that restrict and withhold rights from some also isn't freedom. Freedom and independence are inseparable, bound together by words written hundreds of years ago. Our understanding of ourselves and our nation has to evolve in order for all citizens to truly experience freedom and independence.

I hope that as we gather to celebrate this year, we will reconsider the value of true independence. And also consider the cost to others when we decide to withhold it.



# HAVE YOU SEEN

## WHAT'S UNDER YOUR MOBILE HOME?

ARE THERE HOLES  
AND TEARS IN YOUR  
VAPOR / MOISTURE  
BARRIER?

**FREE UNDER  
HOME  
INSPECTION**



**UNDER HOME  
PHOTOS  
PROVIDED**



**DON'T LET THESE GUYS IN YOUR HOUSE!**



**DO YOU HAVE SOFT SPOTS?**

**WE SPECIALIZE IN ALL MOBILE HOME  
FLOOR REPAIRS AND LAMINATE FLORING**



[www.FreedomVaporBarrier.com](http://www.FreedomVaporBarrier.com)

**813-650-4716**

**FREE INSPECTIONS • FREE ESTIMATES**



**ACCREDITED  
BUSINESS**

**25 YEARS EXPERIENCE  
OVER 20,000 VAPOR  
BARRIERS INSTALLED**



**STATE CERTIFIED  
GENERAL CONTRACTOR CGC1530120  
STATE LICENSED MOBILE HOME  
INSTALLER #IH/1126753**

**INSURED • BONDED • WORKERS COMPENSATION INSURANCE**



# Clubs, Groups & Committees - WHO TO CONTACT

**BINGO & Dominoes**  
Lee Edwards  
863-207-2523  
[JOEELEE105@yahoo.com](mailto:JOEELEE105@yahoo.com)



**Mahjong**  
Joann Fearick  
813-335-7519



**Hand & Foot**  
Lauren Waterman  
813-602-3782  
[luvbeingmimi@aol.com](mailto:luvbeingmimi@aol.com)



**Pitch & Euchre**  
Ruth August  
813-838-1438



**Bunco/Farkle**  
Agnes Gallagher  
813-484-2393  
[gallagirl2005@yahoo.com](mailto:gallagirl2005@yahoo.com)



**Bridge**  
Connie Schutt  
815-474-3284  
[rjsone@yahoo.com](mailto:rjsone@yahoo.com)



**SEQUENCE**  
Lori Pettit  
813-531-2350  
[lpettit547@gmail.com](mailto:lpettit547@gmail.com)



**Tennis**  
Nancy Koontz  
330-289-4246  
[enkoontz@aol.com](mailto:enkoontz@aol.com)



**Shuffleboard**  
Sandy Fenlock  
813-713-0287  
[sandynrich1@yahoo.com](mailto:sandynrich1@yahoo.com)



**Horseshoes**  
Joe Seubert  
727-543-4621  
[joeseubert@gmail.com](mailto:joeseubert@gmail.com)  
Mary May  
770-630-7065  
[autumn629@aol.com](mailto:autumn629@aol.com)



**Pickleball (suspended for the summer)**  
Joe Bauman  
765-307-8610  
[joeb624@outlook.com](mailto:joeb624@outlook.com)  
Lynn Angel  
813-382-0906  
[clangel1@verizon.net](mailto:clangel1@verizon.net)



**Cornhole**  
Mary May  
770-630-7065  
[autumn629@aol.com](mailto:autumn629@aol.com)



**Ladies Power Walk**  
Val Lebo  
610-334-2690  
[periwinkle41@aol.com](mailto:periwinkle41@aol.com)



**Yoga**  
Terri Prim  
813-713-0261  
[terribarry@msn.com](mailto:terribarry@msn.com)



## Line Dancing

**Baby Steppers (suspended for the summer)**  
Mike Quartucci  
267-679-9750  
[mikeqinflorida@yahoo.com](mailto:mikeqinflorida@yahoo.com)

**Intermediate (suspended June & July)**  
Rose McNatt  
813-788-4920  
[rdmcnatt57@gmail.com](mailto:rdmcnatt57@gmail.com)



**Advanced (suspended June & July)**  
Val Lebo  
610-334-2690

**Golf**  
Dave Dundas  
813-599-9513  
[davedingo@aol.com](mailto:davedingo@aol.com)



**Sunshine Committee**  
Karol McGinn  
813-388-0148  
[karolmcginn@gmail.com](mailto:karolmcginn@gmail.com)  
Cindy Judy  
717-514-3997  
[lucinda622@comcast.net](mailto:lucinda622@comcast.net)



**Bereavement Committee**  
Sandy Fenlock  
813-713-0287  
[sandynrich1@yahoo.com](mailto:sandynrich1@yahoo.com)



**Veteran's Committee**  
Bob Gallion  
813-838-3668  
[rcgallion@gmail.com](mailto:rcgallion@gmail.com)



**Servant Hearts**  
Fran Fusco  
813-602-4019  
[francesfusco123@gmail.com](mailto:francesfusco123@gmail.com)  
Chris Gale  
813-924-3653  
[chrisc04g7@aol.com](mailto:chrisc04g7@aol.com)



**Gift of Life**  
Joe Grigelevich  
336-601-0711  
[grigsjr43@gmail.com](mailto:grigsjr43@gmail.com)  
Lauren Waterman  
813-782-0675  
[luvbeingmimi@aol.com](mailto:luvbeingmimi@aol.com)



**Bible Study**  
Rita Walters  
813-778-4027  
[ritaewalters@yahoo.com](mailto:ritaewalters@yahoo.com)



**Genealogy (suspended for the summer)**  
Marty Trent  
813-713-3547  
[mtrent43@yahoo.com](mailto:mtrent43@yahoo.com)



**Library**  
Linda Trent  
813-713-3547  
[mtrent43@yahoo.com](mailto:mtrent43@yahoo.com)  
Chickie Naclerio  
813-715-6397  
[ccam737@aol.com](mailto:ccam737@aol.com)



**Women's Club**  
Carol Dziki  
813-783-9761  
[grannydziki@yahoo.com](mailto:grannydziki@yahoo.com)



**Lighthouse Crafters**  
Cindy Demers  
207-280-1002  
[mecindyd22@gmail.com](mailto:mecindyd22@gmail.com)



**Silver Needles**  
Cyndy Demers  
207-280-1002  
[mecindyd22@gmail.com](mailto:mecindyd22@gmail.com)



**Cricut Class**  
Sue Wampler  
813-469-2974  
[suewampler@me.com](mailto:suewampler@me.com)





# Southport Resident Services Directory



**House Sitting &  
Dog Sitting**  
**Linda Phelps**  
813-778-1359



**Wedding Officiant**  
Wedding Ceremonies  
& Vow Renewals  
(reduced pricing for SPS residents)  
**Mary Adele 813-361-3614**



**Notary Public**  
(no charge)  
**Ruth McGovern**  
35426 Jomar Avenue  
215-275-2167



**Take Out Meals**  
(Tuesdays & Thursdays)  
**Call Chef Colleen**  
**For Details**  
423-432-9568

**Weeding &  
Mulching**  
**Cissy Rossano**  
813-312-5717



**Lawn Mowing  
& Trimming Services**  
**Walt Hand**  
813-751-7105



**ALL ABOUT THAT JAM**  
**Homemade Jams**  
**Pam McGregor 813-716-5684**  
all products made under the FI Cottage Law

**Docta Feelgood**  
**Blaze**  
Massage Therapist  
727-835-6381  
*"Healing For Your Body, Mind & Spirit"*



**Transportation**  
including  
Airport drop off/pickup



**Dave Brown 610-698-1584**

**Wreaths  
By Sue**



**Sue Jones**  
813-838-3908

**Shopping &  
Personal Assistant**  
Light Alterations  
**Linda Phelps**  
813-778-1359



**Certified Dog Trainer  
& AKC Therapy Dog Handler**



**Sylvie Azadian 813-368-3152**  
tailsforsuccess@gmail.com



**House  
Cleaning**

**Becky Tillich**  
928-848-0245

**HOME HELP & MEDICAL CARE**

**Holley Troxel**  
Registered CNA/HHA  
813-695-5620

references available upon request



**Handyman/Helper**  
Text me at  
**585-354-7038**  
**Gary Wolfanger**

**HANDYMAN**



**Transportation**  
including  
Airport drop off/pickup

**Bob Purdy**  
352-316-6938



**DAVE BROWN**  
CELL: 610-698-1584

**POTTERY**  
Functional - Decorative  
GREAT GIFTS  
(ready-made / made to order)  
Pottery Lessons  
Studio Sales Display  
"call for appointment"



**Shopping &  
Personal  
Assistance**

**Lauren Waterman 813-782-0675**



**Dog Sitting**  
(in my home only)

**Beverly Mauer**  
423-987-6442



**Birthdays & Anniversaries**

**STICK WITH  
MARTI  
YARD SIGNS**  
813-468-1953

Need new flooring, faucet, sink,  
disposal, storm door, whole  
house surge protector?

**Don Swain**  
(859)420-3279



**Katie's Kreations**  
Custom  
Diamond Painting &  
Silk Floral Arrangements  
**Katie Mull**  
813-580-4020

BRAIN TEASER ANSWER  
He's playing Monopoly and  
lands on a property with a hotel  
and doesn't have enough money  
to pay the rent.



**Pet Sitting**  
(Dogs & Cats)

**Colleen or Marc**  
423-432-9568



**SOUTHPORT SPRINGS**  
GOLF AND COUNTRY CLUB



**Greeting Card Classes**  
**with Ruth**  
Tuesdays at 1:00pm  
3731 Rockrose Lane  
Call Ruth at 973-222-2815

**Suzie Sensations**  
Vinyl Names & Graphics  
For Golf Carts  
**Sue Wampler 813-469-2974**

If you have services that you provide and would like to be listed in the directory, just e-mail me your information at [grigsjr43@gmail.com](mailto:grigsjr43@gmail.com) and I'll be happy to add it to the Residents Service Directory. All services MUST be provided by residents.  
**ADVERTISERS AND/OR RESIDENTS ADVERTISING HEREIN MAY OR MAY NOT BE INSURED OR LICENSED. AS SUCH, SOUTHPORT SPRINGS/SUN COMMUNITIES, INC. AND SOUTHPORT SPRINGS 723 HOA DO NOT ENDORSE, GUARANTEE OR WARRANT ANY OF THESE PRODUCTS AND/OR SERVICES OR THEIR PERFORMANCE. WE ENCOURAGE YOU TO CONDUCT YOUR OWN INDEPENDENT AND PERSONAL DUE DILIGENCE.**